

# FCCLA Hotline

Volume 22, Issue 1

Fall 2010

Editor: Tylinn Bitner, VP of Middle Level Chapters

## Family, Career and Community Leaders of America Pennsylvania State President's Message

*Inside this issue:*

NLC In Review 2

State Emphasis Project, CMN! 2

State Officer Information 3

Can You Lead From the Middle? 3

National Programs 4

Membership 4

Competitive Events 5

Recognition 6

Hello everyone! I hope that everyone who attend the 2010 National Leadership Meeting this summer had a wonderful time. To all those who competed in STAR Events, congratulations!

This year's theme is "65 Years of Leadership!" Our organization has come a long way in the past 64 years; from the Future Homemakers of American (FHA) to a name change of Family, Career, and Community Leaders of America (FCCLA). Pennsylvania FCCLA has done their part in making this organization one of the best student-lead organizations in the country. Everyone who sees the value in being a part of this organization has done what they can to make it stand out. Pennsylvania students have shown their enthusiasm by taking part in National Programs and STAR Events. Some of our members over the past 10 years have even been able to take part in the wonderful opportunity of the Japanese Exchange program! We have culinary artists that create wonderful creations including Jessica Hatheway's birthday cake design that was selected by National

FCCLA . Pennsylvania FCCLA members have taken an interest in their communities and made differences in others' lives. Many students over the past 64 years have taken part of the State Executive Council to help lead our state organization. We have even had students run to become a member National Executive Council, so that they could serve a bigger part of FCCLA. All of this and more has been done by current and past members, and I find this an awesome achievement. Yet, as students we could not have done any of it without our advisers.

Our advisers are the leading force behind our success. They have stood by us, encouraged us, pushed us, and helped us grow. Without them, we would not be able to take part in this wonderful organization called FCCLA. Some of the advisers today used to be former student members of our organization. Some have been impacted so greatly, they became Family Consumer Science teachers. Thank you, advisers! When I think of all the advisers,



students, and state FCCLA staff who have been a part of FCCLA in the past 64 years, I find myself staggered by the sheer number who have taken part in this organization. Today's students, advisers, and state staff are part of something bigger than any one person. We are part of a group, a group that has been here for 64 years, and will be here for a long time to come. Let us take part in this great organization by making the 65<sup>th</sup> year of Family, Career and Community Leaders of America be one of the most memorable of all! "65 Years of Leadership," is not just a theme, but a way that FCCLA makes a difference. This is the 65<sup>th</sup> year of FCCLA, we are members of a leadership organization, let us show others what Pennsylvania FCCLA can do!

-Guiliana Angione  
2010-11 State  
President

## NLC in Review

There were a lot of great aspects of the 2010 FCCLA National Leadership Conference this year, which was held in Chicago, Illinois. This was a great experience to not only go back to the birth place of FCCLA, but to also celebrate “65 Years of Leadership”. We celebrated with not only the state of Pennsylvania, but also with 49 other states, the Virgin Islands and Puerto Rico.

The first day of the conference was a great experience. The National Executive Council reserved half of Navy pier for all of the FCCLA members to attend and interact with each other, and watch a great fireworks display.

The second day was also astonishing. As a member

of the State Executive Council I had the chance to attend Regional National Officer Candidate speeches to support Pennsylvania’s own, Jarrett Miller! After attending the regional speeches, members also attended At-Large National Officer Candidate speeches. The Opening General session was also held on the second day where members heard a great keynote speaker, Aaron Davis. Mr. Davis was very inspiring with his presentation that evoked laughter, and emotion, using personal stories and those from students across the country. The third day members attended workshops and visited the exhibits held at the Hyatt. At the Second General Session Pennsylvania FCCLA

accepted an award for the largest membership increase on the North-Atlantic Region. On the fourth day members attended FCCLA’s 65th Birthday Gala, where students and adults alike got to danced and met new people.



Chicago’s Navy Pier

On the fifth and final day , students who participated in STAR Events , were presented with their medals for their hard work. The National Leadership Conference was not only a great success but a great experience to go back to the birth-place of FCCLA.

-Jared Sullenberger  
First Vice President

## Dig It!

Let’s Dig It! How many of you participated in the Dig It! campaign? Last year, your chapter should have received a red packet with flower seeds. Has your chapter planted those seeds? Are the flowers bloom-

ing now? Did your chapter donate the flowers? This year, PA FCCLA is continuing the Dig It! Campaign. We would like to hear what your chapter has been doing, or what else you have done to support Children’s Miracle Network. Send in chapter pro-

ject photos and an article about what your chapter did to the Chapter Shoot Out Page on the Pennsylvania FCCLA website, at [www.pafcccla.org](http://www.pafcccla.org).

-Julie Bush  
VP of National Programs



## Becoming a State Officer

Running for State Office at the State Leadership Conference can be a very rewarding experience for someone looking for the Ultimate Leadership Experience. Running for State Office not only brings complicated challenges, but bring forth great rewards as a result of being elected. If elected, not only do you get to go on trips to different places, but you are also contributing to a very good

cause in the process as well. In FCCLA, you enter a place where you are responsible for yourself, and FCCLA gives teenagers the change to be themselves, and to help and spread the word of our organization. The results are very rewarding. As a State Officer, we are responsible for changes within the organization and you will know if the changes were for the better when you see the difference

you made in FCCLA chapters across Pennsylvania, and more importantly the changes in yourself. Over time, FCCLA teachers young men and women to become successful eaters, build healthy families, and have successful careers. And with the help of FCCLA, State Officers will learn what it takes to become a better person.

-Mark Farrell  
VP of Elections

*For more information on being a State Officer, visit: [www.pafcccla.org](http://www.pafcccla.org) and check out the State Officer Page!*

## How Can YOU Lead from the Middle?

Have you ever felt like you are too young to do something great? That your ideas won't make a difference? As a middle level chapter member, you are a very important part of FCCLA. As a member of Family, Career and Community Leaders of America, you have access to many amazing opportunities, so take the opportunity to explore what all FCCLA has to offer.

As a middle level member, you can participate in STAR Events, take part in Regional Leadership Meetings as well as the State Leadership Conference (which will be in Lancaster,

PA this year), travel to exciting new places like next year's National Leadership Meeting in Anaheim, California, and be active in your local chapter by serving in leadership roles or run for PA FCCLA Vice President of Middle Level Chapters. Leaders are an important component of FCCLA. Middle level members are **I**ndependent, **D**etermined, **D**edicated, **L**eaders, **E**ngaged, **L**isteners, **E**nthusiastic, **V**ital, **E**nergetic, and gain **L**ife skills.

As a middle level member, you lead from the middle. You are gaining important skills for life such as

planning, goal setting, problem solving, decision-making, and interpersonal communication. These skills and benefits will be useful in middle school, high school, and in the real world. So, why not begin to use them as a middle level member... the more you use these skills, the better the leader you will become. What great things can you do in FCCLA? How will YOU lead from the MIDDLE?

- Tylinn Bitner  
VP of Middle Level Chapters

*"Do not follow where the path may lead. Go instead where there is no path and leave a trail."*  
- Ralph Waldo Emerson

## A Note about National Programs, featuring:



**and**



How many of you spend your money right away when you get it? How many of you save your money? How many of you want to be a better leader? FCCLA's National Programs can help you out.

One of FCCLA's National Program is Financial Fitness, can help you out with your money. Financial Fitness teaches youth how to save, make, and spend their money wisely. With this program, youth learn how to become wise financial managers and smart consumers. Some of Financial Fitness goals are to help inform teens to sharpen their skills in money management, consumerism, and financial planning. Another goal is to create a national network of young people who use teen-to-teen communication to share their information, and provide teenagers with an opportunity to develop communication and leadership skills by being peer educators. Not to many people know about Financial Fitness and I think that they should. It is important to save and spend your money wisely, so you have

more money for the future. The units of Financial Fitness are Banking Basics, this is where you can conquer bank accounts, investments, and credits. Cash Control, helps you plan personal spending. Making Money, sharpens on-the-job financial fitness. Consumer Clout, helps you be a smart spender. The last unit is Financing Your Future this applies financial skills to real life.

To help spread the word about the Financial Fitness program in your school you could have a class about the importance of money and not just spending it away. You could also have your FCCLA chapter learn about Financial Fitness, and host an assembly on the program to their school, so all the students can learn more about money management and you can also promote FCCLA at the same time!

Another FCCLA National Program that is not as well known is the Dynamic Leadership program. Dynamic Leadership helps young people built leadership skills. This

National Program provides information, activities, and project ideas to help youth learn information about leadership skills through FCCLA involvement, and become strong leaders for families, careers, and communities.

Dynamic Leaders are people of good character. They tell the truth, keep promises, and respect others and themselves. They care about others and are considerate and forgiving. They also accept responsibilities, and are fair and play by the rules. They cooperate and build a better community. Dynamic leaders also master the six essentials of leadership. They are: Model Good Character, Solve Problems, Foster Positive Relationships, Manage Conflict, Build Teams, and Educate Peers. Being a Dynamic leader is very important. Check out some of these and more national programs by going to the National FCCLA website, [www.fcclainc.org](http://www.fcclainc.org).

-Julie Bush  
Vice President of  
National Programs

## Come On! Join FCCLA!

What makes over 2000 students happy? 65 strong years of leadership have shown us that the members are what are keeping FCCLA action packed, fun and full opportunities! In order to continue for another 65 years, the current members and advisors need to promote FCCLA and its many benefits. The future of this student lead organization relies on us to recognize our members. There are several ways FCCLA members can be recognized and new ways to come!

FCCLA offers several opportunities for scholarships to Senior High and Occupational Members through

several STAR Events. Even if FCCLA involvement is listed on your college application, many colleges take that into consideration. We have a number of former members who have received scholarships based on their leadership involvement. Several of the scholarships provided at State Leadership Conference are provided by culinary schools across the country.

News paper articles are also a great way to recognize all FCCLA members. When potential members witness the

accomplishment and experiences of their peers through FCCLA, they witness the ultimate leadership experience!

With our new and upcoming membership campaign, there will be new membership awards. Be sure to check the membership page at [pafccla.org](http://pafccla.org) for updates.

-Morgan Parrett  
Vice President of Membership

# Level 1 is Where It All Begins!

Have you ever wanted to compete in a Competitive Event that is not a STAR Event? One of the new Competitive Events is the FACS Knowledge Bowl. The FACS Knowledge Bowl is a great opportunity for you and your chapter members to coordinate the aspects of Family and Consumer Sciences with your FCCLA experience. I am positive that you have heard this several times before; Family, Career and Community Leaders of America is co-curricular with Family and Consumer Sciences education. What does that mean? It means that members can become more involved with FCCLA, but also be involved with our Family and Consumer Sciences binding as well.

This article is intended to help you, as chapter members, to want to be involved with the FACS Knowledge Bowl to know how to begin. Level 1 is completed in the classroom, supervised by you FACS teacher and is completed between September 1<sup>st</sup> and October 1<sup>st</sup> where FCCLA members will complete an online test. The test contains of general Family and Consumer Science questions consisting of 25 multiple choice or true or false questions based on various areas of study. A note to advisors; any FACS student may take this test so that you may use it in you classroom as well.

The top 3 chapters from each state and all chapters with a 90% and above will be invited to Level 2.

Level 2, which is based on Team Knowledge and Individ-

ual Strengths, is held at the National Cluster Meetings. The 2010 National Cluster Meetings will be held on November 5 – 7 in St. Louis, Missouri and Albuquerque, New Mexico and on November 19 – 21 in Charlotte, North Carolina. Another note to chapter advisers, registration for Level 2 must be completed by October 23. Each team consists of five FCCLA members from one chapter. In Level 2 each team will be given a packet to include five different written tests based on the following subjects: Family, Career, & Community Studies, Early Childhood & Human Development, Food Science, Dietetics, & Nutrition, Hospitality, Tourism, & Recreation, and Fashion & Housing Design. The tests for Level 2 are 100 question multiple choice and true or false tests. Two hours are given and the tests are scored on a scale of 500 points. The top 20 teams will continue on to Level 3.

Level 3 will be a single elimination, head-to-head competition at the National Cluster Meeting sites. Teams will be put into a bracket with the #1 scoring team against #20, and so on. Each room will be asked the same 16 questions. The five winners will advance to Level 4, which will take place at the National Leadership Conference.

Level 4 will be a pool play and the final round, which will be held at the National Leadership Conference. All FACS Knowledge Bowl buzzer rounds will be comprised of 16 questions, three from each of the areas listed earlier and one



FCCLA knowledge question. The top two teams (those with the most number of wins) from each pool will advance to the finals. Finals will be single elimination with a play off for third. All FACS Knowledge Bowl buzzer rounds will be comprised of 16 questions.

More information can be accessed from the national website, [www.feelaine.org](http://www.feelaine.org) and I highly encourage that each advisor prints out a copy of the packet and distribute it to each of the team members. Please read the information because every detail is very helpful in any competitive event.

-Jarrett Miller  
Secretary

## Family and Consumer Sciences Knowledge Bowl – Register NOW!

The FACS Knowledge Bowl information and registration is now available! Chapter advisers are encourage to log into the FACS Knowledge Bowl section of the FCCLA website, where they can download the registration tip sheet and start their students on this exciting competition. Registration is open, but deadlines are soon, so make sure your advisers sign up today!

## Competitive Events: Contests

National FCCLA will be accepting entries for the poster contest until October 15. Time is running out; don't let your students miss their chance to be a part of these exciting opportunities! Visit the contests page of the FCCLA website for more information on how to get involved. Please pay close attention to the deadlines and submission methods.

## Meet your 2010-11 State Executive Council , Attend Workshops and Meet New Friends at the 2010 Pennsylvania FCCLA Regional Meetings

### Western Regional Leadership Meeting October 28, 2010

Location: Slippery Rock University  
Registration deadline is October 1, 2010

### Eastern Regional Leadership Meeting November 1, 2010

Location: Kutztown University  
Registration deadline is October 23, 2010

### Central Regional Leadership Meeting November 5, 2010

Location: Bloomsburg University  
Registration deadline is October 18

## Award Your Chapter with State Wide Recognition!

Could recognition for the hard work your chapter has accomplished help motivate it to do even more? Are you aware of all the opportunities that are available to recognize your chapter? Pennsylvania Association of Family, Career, and Community Leaders of America has many opportunities for chapters, chapter members, and advisers to be recognized at the state level. Some of these wonderful opportunities include Chapter Member of the Year, Advisor of the Year, Largest Membership, and an online affiliation award.

Each chapter has an opportunity to have a chapter member of the year. This member should be a person who has contributed significantly to their local FCCLA chapter. To make this decision a little easier, you could form a committee, and use the rubric in the Chapter Handbook for help. After the local adviser makes the final decision about the recipient, he or she will be recognized to the State Leadership Conference. Any chapter member, except present state officers are eligible.

All chapters also have the chance to award the people who are

encouraging you and provide helping the way; your advisors! What better way to encourage or honor your adviser, considering all they have done for your chapter. Nominations in the past have been very low, and advisers are the ones who have helped us the most. The Advisor of the Year Award is for chapter advisers who have helped FCCLA and its members grow into the great organization it is today. The nomination form and three letters supporting the nomination should be sent to the Pa FCCLA State Adviser, in order to nominate your advisor. The state recognition committee will make the final decisions.

At the State Leadership Conference, the Largest Chapter Membership is also recognized. This is an award for the largest FCCLA chapter in Pennsylvania. If you attend a smaller school, don't worry! There is also an award for the largest percent increase. This award means larger and smaller schools both have equal opportunity to be recognized for their hard work.

One last state recognition award that your chapter can re-

ceive is very simple, Chapters are recognized for their affiliation date. The earlier your chapter affiliates, the better! Your chapter will be recognized as Gold, Silver, or Bronze, with gold being the earliest date and bronze being the latest. You can earn the gold award by affiliating by October 30<sup>th</sup>, the silver award if you are affiliated by November 30<sup>th</sup>, and the bronze award if affiliating by December 30<sup>th</sup>.

Now you know all the great ways your chapter can be recognized throughout the entire state. Take these award opportunities to your next chapter meeting, and see what your chapter is interested in doing. Maybe you think your advisor is the best in the region or you set an early affiliation date, whatever your goal is, be recognized for it!

-Lauren Oliver  
Vice President of  
Recognition